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Who's Who at Christ Church

www.christchurchgravesend.org.uk

Vicar	VACANCY	
Associate Priest	Jacqueline Littlewood	560106
Assistant Curate		
Pastoral Assistant	Jasmine Humphries	249106
Pastoral Assistant	Colin Parsonson	359713
Church Warden	Jan Osborne	740763
Church Warden	Lucy Hornby	07545444760
PCC Secretary	Michael Donovan	327404
PCC Treasurer	Steve Humphries	249106
Reader	Rosemary Austin	358702
Reader	Sheila Brown	356339
Reader	John Hougham	352138
Reader	Martin Sewell	745443
Webmaster	Tim McArthur	
Magazine editor	Mike Cubitt	07840343831

Christ Church Milton-Next-Gravesend

THE CHURCH OF ENGLAND

The Archbishop of Canterbury has paid tribute to the Archbishop of York in General Synod earlier today at what would have been his final Synod.

Archbishop Justin Welby praised the Archbishop of York who is currently travelling in the Pacific. He said: "He (John Sentamu) has gone to visit parts of the world which are suffering the effects of climate change right now. He has gone typically to respond to an invitation for him to go and preach and be alongside those who are suffering: a pattern of his life throughout his ministry."

The Archbishop continued: "Speaking about Sentamu when he's not here is both dangerous but also deeply liberating for it means we can show our gratitude, thanks and love for him without him being able to stop us."

Recalling the Archbishop of York's work on the Stephen Lawrence Inquiry, Archbishop Justin

added that "he has said that he himself was stopped at least eight times by the police". The Archbishop of Canterbury continued: "To honour his memory, his lifelong, bitter cruel and wicked experience of institutional racism which has existed and does exist within the Church of England we must be dedicated to actions not just words."

Reflecting on the Archbishop of York's impact nationally, the Archbishop of Canterbury said: "The Church of England will miss you Sentamu and the wider country will miss you. There aren't a lot of bishops who are so well known outside the church."

Summing up the Archbishop of Canterbury concluded: "Thank you for being obedient to your call and to the voice of the Lord calling you to speak out and to speak up. Thank you for being you. Thank you to you and to Margaret for your example of love and service, dedication and sacrifice in so very many ways." He closed by saying: "Let us try to show not only in our appreciation but also in our actions, that we will let his prophetic ministry bear its full fruit in our church."



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WHAT IS COUNSELLING?

Counselling is a process that gives you the opportunity to explore feelings, thoughts and experiences that are causing distress or that you are finding difficult to understand or make sense of. Counselling can also give you the space to develop new, healthier ways of coping with some of the tough times that life brings along.

I CAN HELP YOU WITH:

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I am a member of the British Association of Counsellors and Psychotherapists and the Association of Christian Counsellors.

I offer flexible appointments, home visits within the Gravesend area and concessionary rates



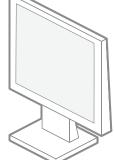
HOW I APPROACH COUNSELLING

I am an Integrative Counsellor which means that I use a variety of counselling approaches dependant on your needs and what you want to achieve in the counselling process, Throughout the process you decide what you want to talk about and the pace you want to go. I will listen to you and help you express and understand your emotions. Sometimes I use writing, drawing and toys to help you express difficult emotions

Please call Tracy on 07784 318104 or email info@tj-counselling.com Central Avenue, Gravesend Kent DA12 5AW www.tj-counselling.com.

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Church Magazine Vacancy



fter ten years in the post our current

editor is stepping down.

We are looking for someone to take over editing and producing the Christ church parish magazine.

If you have a flair for design and are interested in publishing, or have a background in this area then you would not find this too difficult to pick up and run with.

The vacancy needs to be filled before April 2020 as this is the date that the present editor steps down. but is available to help or show anyone interested in how the current magazine is put together.

A use of and/or knowledge of a publishing software would be an advantage, and ability to work to a fairly tight deadline and on own initiative, as copy does not always arrive until the last minute.

The person taking on the role will also need to gather information on their own initiative, and the use of the Internet is at times essential for getting copy to publish.

There must be an awareness of copyright laws when using third party copy and illustrations.

BIBLE NOTES

As well as the "New Daylight" booklet of Bible notes prepared by the Bible Reading Fellowship, there is also a booklet entitled "Bible reflections for older people". This also comes out every four months and is priced at £4.60 for New Daylight and £5.05 for "Bible Reflections for older people"

This booklet is written by older people for older people, the reflections are designed to bring hope, assurance and sustenance, reminding the reader of the presence and love of God. Each issue contains 40 Bible reflections and prayer suggestions to use and revisit as often as needed.

If you would be interested in seeing a copy of this booklet please have a word with Julie Hill.

WORKING PARTY

'In order to save on expensive cleaning and maintenance, we hold a monthly working party on a Saturday morning starting at 09.30.

Together we clean and tidy the church, do a bit of necessary DIY or gardening, have a coffee and often some home-made goodies – and finish by about 11.30.

We are enormously grateful to the few loyal helpers who turn up month after month – but we desperately need a few more.

Please consider putting the dates into your diary and coming along. All are welcome - if you can do basic DIY please let us know in advance so that the churchwardens can plan jobs in advance.

Working party is normally on the second Saturday of each month... NOTE the next ones will be on Saturday 14 MARCH at 9.30.

See you there, JAN

COFFEE ROTA 2020

- 1 Mar Annie Jill Angela Kirby
- 8 Mar Jan Sue Wilkins Kay
- 15 Mar Annie Jill Jenny
- 22 Mar Steve Gerry David
- 29 Mar Annie Jill Pauline



Come in and enjoy a cup of tea or coffee after the 10.00 o'clock Sunday service



Pre-Prep Places Available 2019/20 St Joseph's Convent Preparatory School An independent school for boys and girls aged 3 to 11



"Fully committed to the pursuit of excellence in a nurturing, safe and happy environment where children are encouraged to achieve their personal optimum in all areas." **Head Teacher**

> Contact us to find out more 46 Old Road East, Gravesend, Kent, DA12 1NR T: 01474 533012 E: secretary@sjcps.org www.sjcps.org www.facebook.com/sjcps

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FIRST STEPS 12TH FEBRUARY 2020 VALENTINE'S DAY, ALL WE NEED IS LOVE

Our naughty little sheep is up bright and early, so pleased that the mornings are beginning to get lighter and it is bright and sunny. He has been thinking about Audrey Hedgehog who is still fast asleep in her little pile of leaves and twigs, all snugly and warm. Our naughty little sheep is missing her and is looking forward to the spring coming, when she will be awake again.

It is still lovely and sunshiny when our naughty little sheep, his friends and I walk up to church for our First Steps service later. They all love to see the daffodils at the front of the church, bobbing their heads in the wind. It is rather a chilly wind and they are all feeling the cold so they all rush into church to get warm.

I begin to get everything ready as they all get comfortable, and warm up. Jan soon arrives, closely followed by Linda and it doesn't take long to get everything sorted. Then Anne comes in to play our piano. What would we do without her? We open up our big church doors to see if anyone will come and keep us company. Abigail rushes in, leaving Mum Emma, little brother Rupert and Auntie Lisa far behind. They eventually catch up. Soon others join us and when everyone is sitting comfortably with their jingle bells ready, I light the candles on our little altar and our service begins.

Today, as it is so close to Valentine's Day, we are thinking about love, God's love for us and our love for Him and for each other. We sing about the people we love, thanking God for each one of them. The children are playing up a storm with their jingle bells and our naughty little sheep and his friends are really enjoying it. Then our naughty little sheep remembers Audrey Hedgehog who is hibernating and Ollie asks if we can sing our hedgehog song, "Have a rest" thinking about her, fast asleep and about us when we are tucked up in bed for the night. It is one of our favourite songs.

We sing about Jesus' wonderful love for us which is so high we can't get over it, so low that we can't get under it and so wide that we can't get round it. Isn't that just the most wonderful thing, and aren't we so very blessed? Aurelia is snuggled up on Granddad Stephen's lap. I think that she has had a very busy morning in the Pre-school.

Everyone is being really good and there has been some wonderful jingling. We sing about showing our love by being very kind and generous, when we "Share it round" and we remember God's wonderful love for us shown in our beautiful world, the sun, the stars, the birds, the wind and the rain. (Though we've had rather too much of the wind and rain lately!)

It is so quiet that you could hear a pin drop when

we say our prayers and then it is time to blow out our candles and go out into the hall for playtime and refreshments. Our naughty little sheep and his friends rush out so that they can watch the children play and the grownups have a chat. We have all had such a lovely time together and hope that everyone will join us again for our next First Steps service on 11th March. Spring will really be on the way then. **God Bless**

Rosemary Austin

We are now at the beginning of Lent

February 26 saw the start of Lent is a solemn religious observance in the Christian liturgical calendar that begins on Ash Wednesday and ends approximately six weeks later on Holy Saturday, the day before Easter Sunday. The purpose of Lent is the preparation of the believer for Easter through prayer, doing penance, mortifying the flesh, repentance of sins, almsgiving, and denial of ego. This event is observed in the Anglican, Eastern Orthodox, Lutheran, Methodist, Moravian, Oriental Orthodox, Reformed, and Roman Catholic Churches. Some Anabaptist and evangelical churches also observe the Lenten season.

The last week of Lent is Holy Week, starting with Palm Sunday. Following the New Testament story, Jesus' crucifixion is commemorated on Good Friday, and at the beginning of the next week the joyful celebration of Easter Sunday recalls the Resurrection of Jesus Christ.

In Lent, many Christians commit to fasting, as well as giving up certain luxuries in order to replicate the account of the sacrifice of Jesus Christ's journey into the desert for 40 days; this is known as one's Lenten sacrifice. Many Christians also add a Lenten spiritual discipline, such as reading a daily devotional or praying through a Lenten calendar, to draw themselves near to God. The Stations of the Cross, a devotional commemoration of Christ's carrying the Cross and of his execution, are often observed. Many Roman Catholic and some Protestant churches remove flowers from their altars, while crucifixes, religious statues, and other elaborate religious symbols are often veiled in violet fabrics in solemn observance of the event. Throughout Christendom, some adherents mark the season with the traditional abstention from the consumption of meat, most notably among Lutherans, Roman Catholics and Anglicans.

Lent is traditionally described as lasting for 40 days, in commemoration of the 40 days Jesus spent fasting in the desert, according to the Gospels of Matthew, Mark and Luke, before beginning his public ministry, during which he endured temptation by Satan. Depending on the Christian denomination and local custom, Lent ends either on the evening of Maundy Thursday, or at sundown on Holy Saturday, when the Easter Vigil is celebrated. Regardless, Lenten practices are properly maintained until the evening of Holy Saturday.

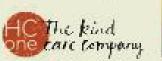
Wombwell Hall

Wombwell Hall is a friendly care home nestled in a peaceful area of Northfleet offering nursing care for elderly ladies and gentleman.

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- E careline@hc-one.co.uk
- A Wombwell Gardens, Northfleet, Gravesend, Kent, DA11 8BL

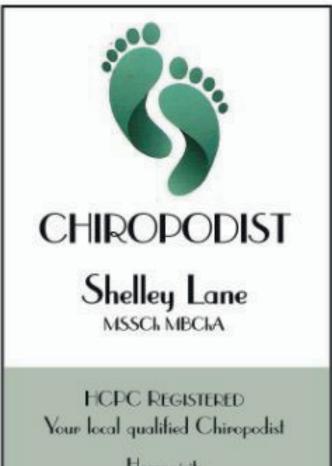


Mothers' Union News

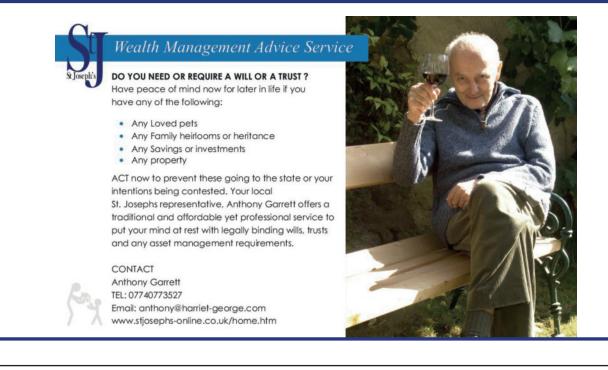
Mothers' Union met on Tuesday 12 February for their Annual General Meeting. Around 20 members attended along with a special guest Jenny Beaney, vicepresident of the Rochester Archdeaconry.

We started with holy communion presided over by Jacqueline Littlewood. Lucy gave us an explanation and tour of the Mothers' Union website. This was followed by the AGM. Jenny Shoesmith presented the secretary's report about what we had done over the year. Margot Edwards presented the treasurer's report and announced she was standing down and Sue Oaten will be taking over. Other matters were discussed and we finished with refreshments, including pancakes.

We are having a fund raising Lent programme called Count Your Blessings where we think of our blessings and put money aside, only 1p or 2p usually. Furthers from Veronica if you want to take part.



Home visits Telephone 01474 745898



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COPY FOR THE NEXT MAGAZINE

This is your magazine, and every effort is made to include items supplied by you, our readers.

Send copy to the address on page 2 by SUNDAY 22 MARCH at the very latest, or speak to Mike Cubitt - 07840343831

Fitness League

Movement for Life In Christ Church Hall Every Tuesday From 2-3.15 pm Light remedial exercises Fully qualified teacher

> Ladies why not join us! For more information please Phone 01634 255759

MUSTARD SEED Third Thursday of the month In Christ Church hall 2.30 – 4.00

We invite you to come and join us for tea, biscuits, cake and conversation with occasional speakers and

quizzes.

Come and find out who we are and meet new people. All ages welcome

Contact: Colin Parsonson: 01474 359713 Pam Kilby: 01474 332693



Milk

Milk

GRAVESHAM FOOD BANK

Below is a list of items required at the moment

Milk (UHT) - Custard - Toothpaste -Hot chocolate - Shampoo - Sweets/treats Breakfast cereal (not porridge) - Marmite -Fruit juice/squash - Toilet roll -Sponge pudding - Deodorant -Tinned Potatoes - Laundry Liquids/tablets

This list is only a few of the items that can help those less fortunate than ourselves, any tinned or non-perishable items are most welcome



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Christ Church 200 Club

The 200 Club is a means of raising money for the Christ Church General Fund, which supports the Ministry and Mission of the church and Good Causes as agreed by the PCC, whilst at the same time giving members the opportunity of a small 'flutter' and the chance to win some money.

Membership costs £30 per year. Fifty percent of all monthly donations are given over to the Christ Church General Fund with the remainder being returned to the membership in prize money. The draw is made on the fourth Sunday of every month in the hall after the morning service.

Payment can be made by an annual sum of £30, a quarterly payment of £7.50 or a monthly payment of £2.50, the latter two by bankers order. Cheque's should be made payable to Christ Church PCC No 3 account.

Join by contacting John Thrush, in church, and completing an application form. If you are not sure who John is, ask one of the sides people and they will point you in the right direction.

Winning chances are only limited by the amount of numbers you purchase, the more you have the better your chance of winning.

Worthwhile it certainly is, since its inception the 200 Club has donated over £40,000 to Christ Church to support its Ministry and Good Causes.

Contact JOHN THRUSH 200 Club Secretary

Christ Church Milton-Next-Gravesend

The Jar of Grace -What is it and what is it for?

Give and it shall be given unto you - Luke 6:38

The Jar of Grace was initiated by the charity Unicef to encourage and enable churches to give support to their work with disadvantaged children around the world. Back in the days of the Social Responsibility Committee here at Christ Church it was agreed to use this idea for our own fund raising for our charity giving and to link it in with our Lenten Appeal. Some of you



may remember the little cardboard copper boxes kept at home which was added to this appeal. Maybe you still have one?

Your Giveaway Committee meets annually to decide which charities we would like to support each year - international, national and local. For 2020 we have agreed to divide the giving between CORD, Freedom from Torture, The David Knott Foundation, Community Domestic Abuse Programme (CDAP), and the Gravesham Street Pastors. The Lenten Leaflet will give more details. We also support Whitehill and Holy Trinity Primary Schools, Sanctuary, Larchwood Grove and Gravesend and District Osteoporosis Society, ADSS and many other local appeals. We also have an emergency appeals reserve.

Most of the income for this giving comes via the Lenten Envelope Appeal but other good causes - such as the Jar of Grace, jam and cakes sales etc. add to the total which in 2019 was $\pounds 2,573.85$.

Christ Church also raises money for Christian Aid, The Children's Society via the Christingle and the Food Bank. We are a giving community. If you have a charity you think we might consider supporting please do let us know.

In these days of contactless debit and credit cards, Apple Pay, online banking and so on it is easy not to bother with cash especially loose change but it is that loose change that can make all the different to the quality of someones life - that s not to say that paper/plastic contributions are not welcome! We hope you will be willing and able to support our Jar of Grace throughout 2020.

If you have any queries please speak with a member of the staff team or myself.

Jenny Shoesmith - on behalf of the Giveaway Committee at Christ Church.



The First Miracle

It was time for Jesus to begin teaching the people what they had to do to enter the kingdom of God. Several of John the Baptist's followers went along with Jesus, wanting to help. As soon as Jesus arrived home, He and His mother had to go to a wedding in Cana. Weddings were always big, important celebrations and often lasted several days.



Perhaps the steward in charge of the wedding reception hadn't ordered enough wine for such a large feast. Or maybe the guests were drinking more than usual. Whatever the reason, Mary noticed halfway through the wedding reception that the wine had almost run out.

While the guests were all munching and slurping their way

through each delicious course, nervous red faced servants were scurrying off with empty wine jars. "Look, there's no more wine left." Mary quietly said to her son.

Jesus was concerned, He knew how embarrassing it would be for the bride and groom if they had nothing to offer their thirsty guests to drink. "I'm sorry, but I can't do anything about it," He whispered back to Mary. "It is not the right time for me to show the powers my Father has given to me."

Mary just held His hand and nodded, reassuringly. Then she turned to the servants nearby." Excuse

me, "she said politely, "I couldn't help noticing that you are almost out of wine. My son can help you. Just do exactly as He says." Jesus looked at His beloved mother and smiled. Then with a sigh, He said to the servants. "Fill your empty jars up to the brim with water."

Very puzzled, they hurried off to carry out his instructions. And soon they were back, struggling under the weight of their full urns. "Now

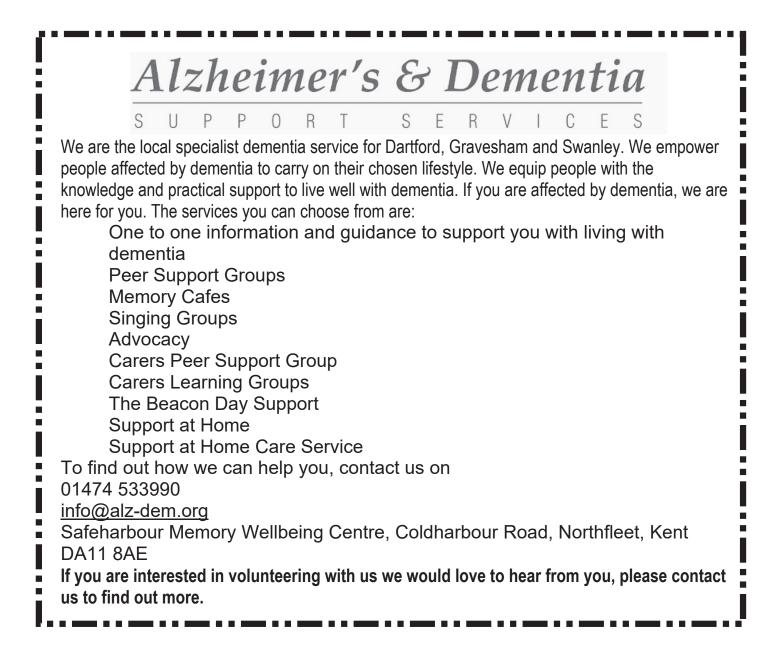


pour some of the water into a goblet," Jesus told them, "and take it to the steward for tasting."

Now the steward was an expert wine taster. And he knew all the tricks of his trade, such as serving the best wine were drinking. So when he drank this time from the servant's goblet, he was amazed. This new wine was even better than the wine they had served at first.

Before the servants could explain where it had come from, the steward hurried off to congratulate the groom on his good taste and generosity.

Jesus had worked the first of many miracles He was to perform throughout His life. His followers had seen Him do the impossible, and they believed more strongly than ever that He truly was the Son of God.





Is a service especially designed for families with pre-school children, although all children in the family are welcome to come.

We meet in the church at 1.45pm on the second Wednesday in each month for a short service and then to enjoy a chat over a cup of tea.

We are finished in plenty of time for parents to meet their other children from school.

Why not come along with your children, you will be very welcome.

Next date is Wednesday 11 MARCH 2020.

Legal aid an 'essential service' that should be preserved for the 'benefit of the nation'

Changes to the legal aid system have left some of the most vulnerable groups in society without access to the justice system, the General Synod heard today.

Members voted to back a motion recognising legal aid as an 'essential public service' that needs to be preserved 'for the benefit of the nation.'

The Synod called on the Government to explore ways of alleviating the impact of the Legal Aid Sentencing and Punishment of Offenders Act – which came into force in 2013 - on some of the most deprived and vulnerable communities.

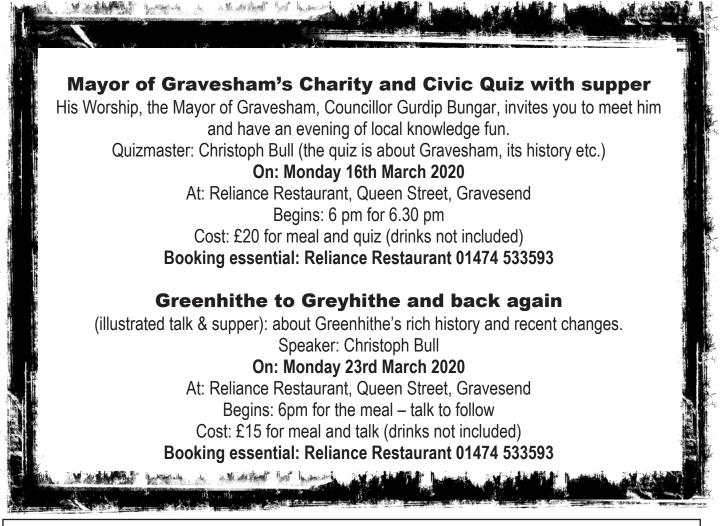
Carl Fender, from Lincoln Diocese, said 'large groups' of people now found themselves ineligible to receive legal aid as a result of the changes brought about by the Act. These included most private family law cases and people with immigration difficulties. Those affected by benefits changes also face the 'double whammy' of not being able to access legal aid to mount a challenge, he said.

"Access to justice is fundamental to the 'rule of law' because without it, the rule of law can be nothing more than a concept, an ideal," he told the General Synod.

"If access to justice is absent, legal rights cannot be exercised and legal obligations cannot be enforced. Nor can public or private bodies be challenged through the courts, or individuals brought to account. Access to justice is essential to a humane, just and civilised society."

The Dean of the Arches, Charles George QC, speaking in support of the motion, said: "Funding for legal aid is one of the many victims of ill-judged austerity."

The Bishop of Southwark, Christopher Chessun, told the Synod: "The impact of the very significant restructuring of legal aid was severe and has had very detrimental consequences across the land, not least in communities like south London where there are significant pockets of deprivation."



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Volunteers needed....

'We always need volunteers... the church runs because of the generous service of volunteers.

If you have time and enthusiasm to spare but you are not sure where your talents can be used, we would be glad to meet you for a cup of coffee and to talk through possibilities.

We need **VOLUNTEERS**

for the ADSS café at Safeharbour in Coldharbour Road.

The café is open during the week between 10am and 2pm for the public and is also used by our day centre. The days we need volunteers for are

Monday, Tuesday and Friday

Anyone interested should contact Katie Antill on 01474 533990 or speak to Alzheimer's & Dementia SUPPORT SERVICES for further information.



F

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Church of England backs sports ministry

S ports and fitness activities are to be championed as part of plans by the Church of England to reach more people with the message of the Christian faith and promote the well-being of communities, it is announced today.

Seven dioceses across the country in areas such as Birmingham, Gloucestershire, Kent, Lancashire, Norfolk and Surrey, are to take part in pilot projects to include sport and well-being into their mission.

The dioceses hope to help provide a range of different activities from personal fitness classes to holiday football clubs, outdoor pursuits and even sports quizzes. In the Diocese of Gloucester, the Church of England is planning to develop a network of sport and well-being centres with participants invited to explore and respond to the Christian faith.

In Lancashire, in the Diocese of Blackburn, sports quizzes are already arranged for churches by the group Christians in Sport and churches have been active in setting up holiday sports schemes and personal fitness classes.

Training for lay and ordained leaders in sports and well-being ministry is being provided as part of the programme by Ridley Hall, the Anglican theological college in Cambridge.

The Bishop of Derby, Libby Lane, newly designated lead Bishop for Sport, welcomed the pilot projects.

She said: "Sport is such a valued and valuable part of our lives: shaping our identity, contributing to our economy, offering opportunities for societal and personal development. "Sports ministry has the potential to transform lives and communities for good through improved health and well-being, personal mentoring, leadership development and community cohesion. These projects are good news, sharing the Christian faith in word and action."

The Church of England's Director of Evangelism and Discipleship, Dave Male, said: "The Church of England has always been involved in sport – this is about rediscovering our roots and association with sports and well-being. We believe that this work presents the Church of England with an opportunity through its dioceses to reach many millions of people who would not otherwise be in church on a Sunday."

Professor Andrew Parker, Professor of Sports Ministry at Ridley Hall, who is a member of the steering group overseeing the plans, said: "A lot of people have an interest in sport and we expect this work to reach across all age ranges, in all areas of the country and to people of all sporting persuasions and abilities.

"These pilots show that the Church is intentional about making a connection between sport and Christianity and engaging in conversations around gifts, talents, passions and faith."



If you usually pay for your Christ Church Parish Magazine on an annual basis, then there can be no better time to make your contribution than when you collect your January copy. At just 50p per issue this represents very good value for you to keep up to date with what is coming forward, or what has happened in the few weeks that have just gone by. With the running of your church it is another way in which you can help

What happens at Christ Church?

Sunday Services

08.00 am Holy Communion (said) 10.00 am Communion with crèche & God's Gang On the 2nd Sunday All-Age service Evening Service - see inside magazine for details.

Weekday Services

Monday morning prayer 08:00 Holy Communion (said) Saturday 08:00 Wednesday 10:00 and evening prayer 17.15 For further information Contact The Church Wardens

Office hours

Registered Charity no. 1130741

Friday 18:30 until 19:30

Regular activities and youth organisations

There are a wide variety of clubs for you:-

Daily	Christ Church Pre-school (2 ¹ / ₂ upwards)
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Monday Music Group; Brownies

TuesdayMothers Union (2nd Tuesday In church hall) Cubs
and Semiquavers

Wednesday Guides

First Steps (under 5's and carers) 2nd Wednesday 1.45pm Ifield Ladies (every third Wednesday)

Thursday Beavers/Brownies; Choir Practice: 2.30 p.m. Mustard Seed (every third)

Friday Rainbow Unit; Scouts; Parent and Toddler

Saturday Working Party (9.30 a.m. every second)

scouts

CALENDAR MARCH 2020								
Sunday	1 !st Sunday in Lent St David's day 08.00 Holy Communion 10.00 Holy Communion	8 2nd Sunday in Lent 08.00 Holy Communion 10.00 Holy Communion	15 3rd Sunday in Lent 08.00 Holy Communion 10.00 Holy Communion	22 Mothering Sunday 4th Sunday in Lent 08.00 Holy Communion 10.00 Holy Communion	29 British Summer time 5th Sunday in Lent 08.00 Holy Communion 10.00 Holy Communion			
Monday	2 08.00 Morning Prayer BROWNIES	9 Commonwealth Day 08.00 Morning Prayer BROWNIES	16 ^{08.00 Morning} Prayer BROWNIES	23 08.00 Morning Prayer BROWNIES	30 ^{08.00 Morning} Prayer BROWNIES			
Tuesday	3 18.30 Semiquavers CUBS	10 18.30 Semiquavers CUBS MOTHERS UNION 19.30	17 St Patrick's Day 18.15 Semiquavers CUBS	24 18.30 Semiquavers CUBS	31 18.30 Semiquavers CONCERT CUBS			
Wednesday	4 10.00 Holy Communion 17.15 Evening Prayer	11 10.00 Holy Communion 17.15 Evening Prayer 13.45 First Steps	18 10.00 Holy Communion 17.15 Evening Prayer	25 10.00 Holy Communion 17.15 Evening Prayer				
Thursday	5 Choir Practice BROWNIES	12 Choir Practice BROWNIES	19 Choir Practice BROWNIES 14.30 Mustard seed	26 Choir Practice BROWNIES				
Friday	6 13.15 Parent and Toddlers 18.30 Office hours RAINBOW	13 13.15 Parent and Toddlers 18.30 Office hours RAINBOW	20 13.15 Parent and Toddlers 18.30 Office hours RAINBOW	27 13.15 Parent and Toddlers 18.30 Office hours RAINBOW				
Saturday	7 08.00 Holy Communion	14 08.00 Holy Communion 09.30 Work party	21 08.00 Holy Communion	28 08.00 Holy Communion Clocks go forward				



Fair trade biscuits and organic cakes

Within our collection of fair trade biscuits and cakes, you will be able to treat yourself to a range of delectable sweet and savoury snacks. For those who have a sweet tooth, you may be interested in our selection of cookies, including double chocolate cookies and stem ginger cookies. If savoury is more to your taste, our cheddar cheese oaty biscuits or our pepper and poppy seed biscuits may offer temptation.

All of our fair trade biscuits and fair trade cakes are made from the finest, ethically sourced ingredients available and are perfect for a small dessert or snack. All products are suitable for vegetarians and contain FairPalm oil.

Fair trade and organic breakfast cereal

At Traidcraft we sell only the finest quality fair trade cereal, made using only fair trade ingredients from around the world.

MADECASSE

Both healthy and ethical, our fair trade breakfast cereal is the perfect way to start the day. If you're a fan of muesli, then you will love our GeoMuesli selection, such as Exotic Fruit and Fruit and Nut.

For those who are on the go and or require a more convenient breakfast, Geobars offer the perfect solution; compact fair trade cereal bars made from wholesome ingredients.

Organic and fair trade chocolate

Chocolate may be easy on the tastebuds, but its production is no easy task. Almost ninety percent of cocoa that goes into this delicious treat is grown on small farms in developing countries, providing a livelihood to over six million farmers. Despite offering employment to many, there are few benefits for cocoa farmers and many still live in poverty.

Buying fair trade chocolate ensures that the industry is sustainable. Please speak with David Williams if there is anything you would like to purchase or for more information about what is available

SHOW YOU